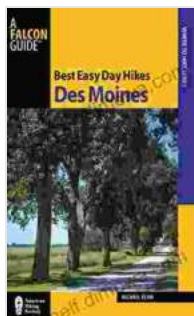


Unveil the Hidden Gems of Des Moines: Discover the Best Easy Day Hikes



Best Easy Day Hikes Des Moines (Best Easy Day Hikes Series) by Michael Ream

★★★★☆ 4.3 out of 5

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| Language | : English |
| File size | : 3887 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| Word Wise | : Enabled |
| Print length | : 107 pages |
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| Item Weight | : 1.08 pounds |
| Dimensions | : 6.14 x 0.56 x 9.21 inches |



Escape into Nature's Embrace: Exploring Des Moines' Hiking Trails

Welcome to Des Moines, Iowa, where amidst the urban landscape, a rich tapestry of natural beauty awaits your exploration. For nature enthusiasts, the city offers an abundance of hiking trails, inviting you to embark on invigorating adventures that reconnect you with the tranquility of the outdoors.

To guide you on your hiking escapades, we present 'Best Easy Day Hikes Des Moines,' an indispensable companion for both seasoned hikers and those seeking a gentle to the joys of trail exploration. Our comprehensive guidebook unveils 20 captivating trails, each meticulously selected for its accessibility, scenic allure, and suitability for hikers of all levels.

Within the pages of this book, you will find:

- Detailed maps and elevation profiles to guide your steps
- Captivating descriptions that paint a vivid picture of each trail's unique features
- Insider tips and recommendations to enhance your hiking experience

20 Enchanting Trails for Every Hiker's Delight

Embark on a journey through Des Moines' diverse landscapes, where each trail offers a unique experience tailored to your preferences. From serene lakeside strolls to challenging ascents that reward you with panoramic views, 'Best Easy Day Hikes Des Moines' has something for every hiker.

Highlights of the Featured Trails:

- **Gray's Lake Trail:** A tranquil 2.5-mile loop around the scenic Gray's Lake, perfect for a leisurely walk or bike ride.
- **Ledges State Park Trail:** Explore the rugged beauty of Ledges State Park on a 3.5-mile loop trail that takes you past towering sandstone cliffs and cascading waterfalls.
- **Walnut Woods State Park Trail:** Immerse yourself in the vibrant colors of Walnut Woods State Park on a 5-mile loop trail that winds through majestic oak and hickory forests.
- **Big Creek State Park Trail:** Tackle the challenging 6-mile loop trail at Big Creek State Park, rewarded with breathtaking views of the park's namesake creek and surrounding hills.
- **Jester Park Trail:** Discover the hidden gem of Jester Park on a 4-mile loop trail that leads you through dense woods, towering rock

formations, and a picturesque lake.

Practical Tips for a Memorable Hiking Experience

To ensure a safe and enjoyable hiking adventure, 'Best Easy Day Hikes Des Moines' provides valuable tips and guidance:

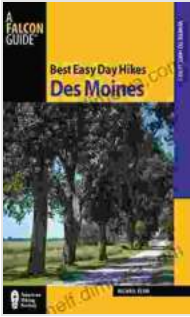
- **Plan ahead:** Research the trails, check weather conditions, and notify someone of your itinerary.
- **Pack wisely:** Bring essentials like water, snacks, sunscreen, and a first-aid kit.
- **Be trail-savvy:** Stay on designated trails, respect wildlife, and practice Leave No Trace principles.
- **Dress appropriately:** Wear comfortable, weather-appropriate clothing and sturdy hiking shoes.
- **Hike with a companion:** Enhance safety and enjoy the experience by hiking with a friend or group.

Free Download Your Copy Today and Embark on Your Hiking Adventure

Unlock the secrets of Des Moines' hidden hiking trails with 'Best Easy Day Hikes Des Moines.' Free Download your copy today and elevate your outdoor adventures to new heights. Whether you're a seasoned hiker or just starting your journey, this comprehensive guidebook will be your trusted companion on every trail you conquer.

Available at all major bookstores and online retailers.

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