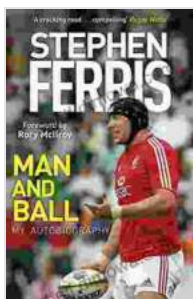


Man and Ball My Autobiography

"A funny, honest and moving memoir from one of English football's most enigmatic characters." - The Guardian



Man and Ball: My Autobiography by George R. Matthews

★★★★☆ 4.4 out of 5

Language	: English
File size	: 12938 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 353 pages
Paperback	: 281 pages
Item Weight	: 12.3 ounces
Dimensions	: 4.92 x 0.64 x 7.48 inches



In Man and Ball, former footballer Stan Bowles tells his story of life on and off the pitch. From his early days as a promising young player to his time with some of the biggest clubs in England, Bowles shares his experiences with honesty and humour.

Bowles was a maverick, a player who played the game with a unique style and swagger. He was also a controversial figure, often in trouble with the authorities for his off-field antics. But behind the headlines, there was a complex and intelligent man with a deep love of the game.

In *Man and Ball*, Bowles tells his story with candour and wit. He talks about his childhood, his early career, his time with Queen's Park Rangers, Manchester United and Nottingham Forest, and his battles with alcohol and gambling.

This is a must-read for any football fan. It is a fascinating insight into the life of one of English football's most enigmatic characters.

Excerpt

I was born in 1951 in Upton Park, East London. My father was a docker and my mother worked in a factory. We lived in a small terraced house with no bathroom. I shared a bed with my two brothers.

I started playing football in the streets as soon as I could walk. I was a natural and it wasn't long before I was playing for my local boys' club.

When I was 15, I was spotted by a scout from Queen's Park Rangers. I signed for the club as an apprentice and made my debut for the first team two years later.

I spent seven years at QPR, during which time I played over 200 games and scored over 50 goals. I also won two England caps.

In 1979, I moved to Manchester United for a fee of £1.5 million. I was one of the most expensive players in the country at the time.

I spent three years at United, during which time I played over 100 games and scored over 20 goals. I also won the FA Cup in 1983.

In 1984, I moved to Nottingham Forest for a fee of £1 million. I spent two years at Forest, during which time I played over 50 games and scored over 10 goals.

I retired from professional football in 1986. I had played over 400 games and scored over 100 goals in my career.

After I retired from football, I worked as a coach and a pundit. I also wrote a number of books, including my autobiography, *Man and Ball*.

I am now retired and live in Spain. I look back on my career with pride and gratitude. I was lucky to play the game I love for a living.

Reviews

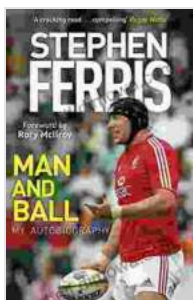
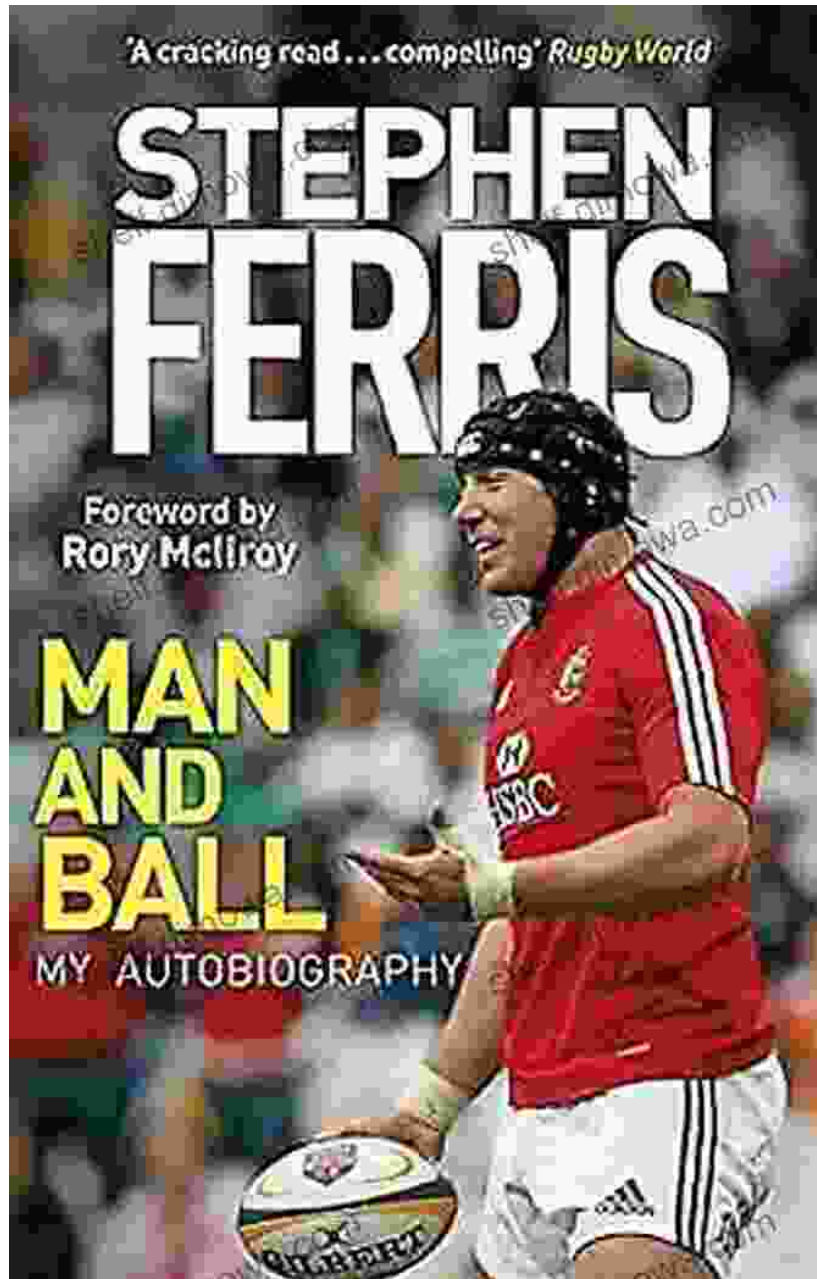
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