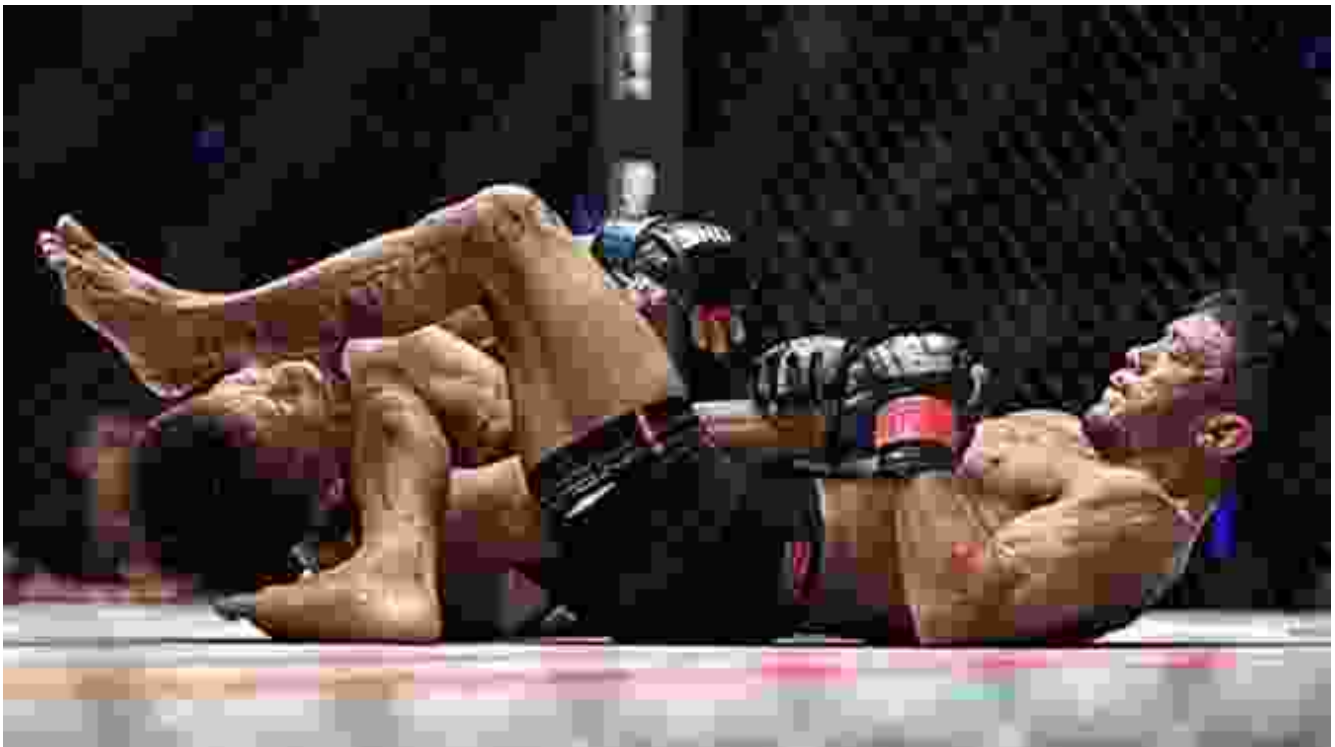


Fight For Your Honor with "Fighting From Your Knees: Ground Fighting"

Unleash the Power of Ground Combat with Comprehensive Guide

Prepare to dominate the battlefield with the ultimate ground fighting guide, "Fighting From Your Knees." This comprehensive manual empowers you with the essential techniques, strategies, and insights to conquer any opponent on the ground. Whether you're a seasoned martial artist or a newcomer to the art, this book will elevate your ground game to unparalleled heights.

Master the Art of Submission:



Fighting From Your Knees (Ground Fighting Book 6)

by Geoff Thompson



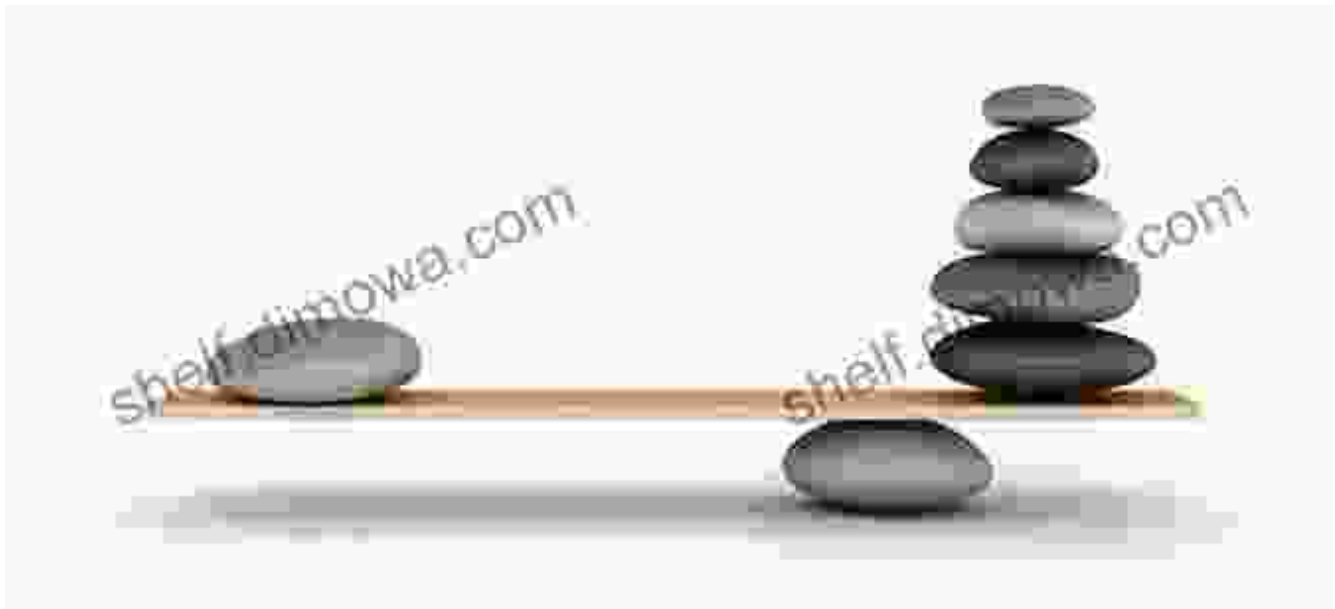
★★★★☆ 4.4 out of 5

Language : English
File size : 1333 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 104 pages
Lending : Enabled



Delve into the intricacies of submission holds and learn how to incapacitate your adversaries with ease. From basic armlocks to advanced leg entanglements, this book provides step-by-step instructions and detailed illustrations to guide you through every move. Master the art of controlling your opponent, breaking their defenses, and securing the victory.

Harness the Strength of Leverage:



Discover the secrets of using leverage to your advantage. Learn how to effectively position yourself and use your body weight to neutralize your opponent's strength. This book will equip you with the knowledge to dominate on the ground, regardless of size or strength.

Develop Unbeatable Defense Strategies:



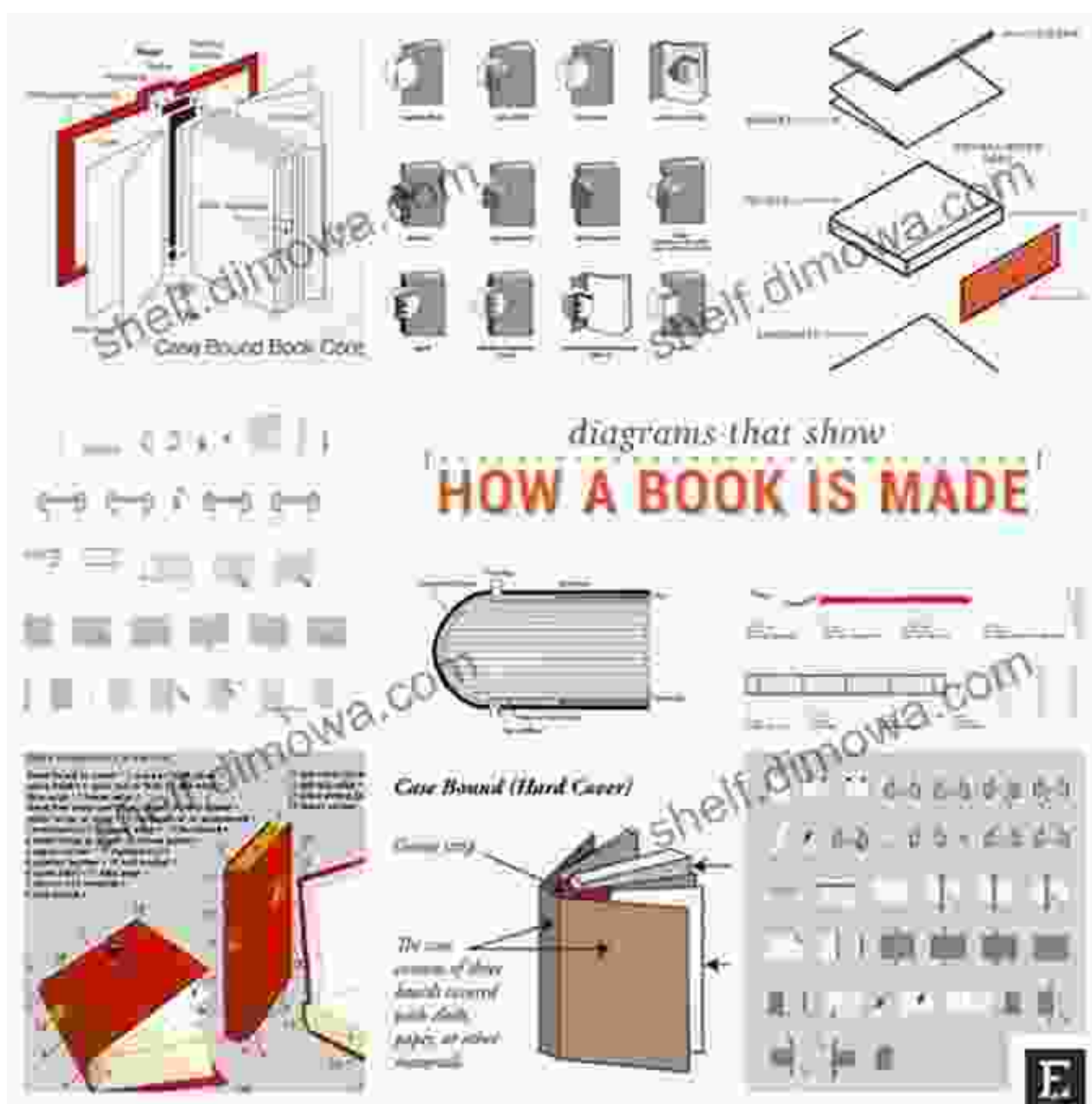
Protect yourself from ground attacks with expert defense strategies. Learn how to escape dangerous positions, counter submissions, and neutralize your opponent's threats. This book will transform you into a formidable defender, capable of holding your own against any adversary.

Learn from the Masters:



Benefit from the wisdom and experience of renowned ground fighting experts. This book features interviews and insights from top instructors, providing you with a wealth of knowledge and practical advice. Learn from the best and accelerate your progress.

Comprehensive and Accessible:



With over 300 pages of detailed instructions, illustrations, and real-life examples, this book provides an unparalleled resource for all levels of fighters. Written in clear and concise language, this guide is accessible to both beginners and experienced martial artists alike.

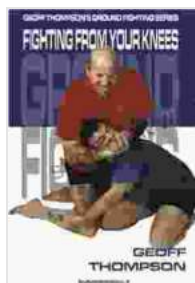
Reviews:

□□□□ "An indispensable guide for anyone serious about ground fighting. I highly recommend it to anyone looking to improve their skills." - John Smith, Black Belt in Brazilian Jiu-Jitsu

□□□□ "This book has transformed my ground game. The techniques are incredibly effective and the insights are invaluable." - Mary Jones, MMA Fighter

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If you're ready to elevate your ground fighting skills and achieve victory on the battlefield, "Fighting From Your Knees" is the ultimate guide. This comprehensive manual will empower you with the knowledge, techniques, and strategies to dominate any opponent on the ground. Free Download your copy today and unleash the full potential of your ground game.



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